



Dear colleague

Your Committee has been considering what actions, if any, we should be taking in light of the Covid-19 virus. Our deliberations have been curtailed by a communication received from the PUK Chief Executive, Steve Ford.

The advice received states:

*“Our advice, where groups of people are coming together, is that you cancel your activities as a precaution. This includes AGMs, Working Together days, and other volunteer-led activities.”*

The advice goes onto state:

*“For people with Parkinson’s, there’s no increased risk of catching coronavirus. However, the advice for slowing the spread of the virus does include staying away from vulnerable individuals, such as elderly people and people with underlying health conditions. And, as volunteers you are likely to be in contact with these groups.”*

Therefore, the following will now happen:

- The **Branch meeting on the 27th March is cancelled**. We will try to rearrange the speaker to a later date.
- The **Branch meeting on 24th April is cancelled** and again we will rearrange the speaker to a later date.
- The **Bring and Share lunch at Barnabas Court on 7th April is cancelled**.
- The **Aquatherapy and Yoga sessions are cancelled until further notice**.

- The **AGM on 27th March is postponed to a date to be advised**. Meanwhile the Committee must continue to function. Nominations received for roles on the Committee will be assumed to be approved as of the planned AGM date, 27th March, as these positions are uncontested.
- **The Tulip Run 19th April**. Caroline and Annabel have worked very hard over the past few months to ensure the success of the 2020 Tulip Fun Run. However, the advice received and actions taken by organisers of similar events we have no choice but **postpone the Tulip Fun Run**. The proposed date for the Tulip Fun Run is now 11<sup>th</sup> October. TBC.

We know many of you will be disappointed by the actions outlined but this is about the greater good. Whilst PwP are at no greater risk to Covid-19 than the wider community we must do all that is possible to minimise the risk to those with Parkinson's, their carers and our volunteers. For your information the communication from Steve Ford to all Branches is available by [clicking here](#). The communication contains many useful links in relation to Covid-19.

Meanwhile, the Committee are contactable by email and telephone, details in the Newsletter. Please remember. "No one should suffer Parkinson's alone."

We wish you all well during these difficult times.

For and on behalf of the Cambridge Branch Parkinson's UK Committee

Keith Howlett

Parkinson's Cambridge Membership Secretary