

Following the successful course run by the Music Therapy department of Anglia Ruskin University, in conjunction with Alison Shaw who has been directing the Nightingale Singers for the last two years, the Branch is launching a thoroughly-researched programme of

Music Therapy

for those living with Parkinson's Disease

Friday 13th April to 15th June, at 2PM

at the

**Ross Street Community Centre
Cambridge CB1 3UZ**

The programme will initially comprise 10 weekly sessions, and will cost £30 for the complete course, payable in full at the first meeting. However, nobody living with Parkinson's should stay away through inability to pay the fee – call the Branch Secretary on 01223 363435 to apply for the Branch Help at Hand application form.

Results from the trial course (see separate attachment) showed marked benefit, not only in speech intelligibility, but also in mood, concentration, and social confidence.

To apply to take part, or for further information email Alison on alishaw654@gmail.com, or call her on 07936 191655. In the event that this first 10-week period is over-subscribed, there will be a waiting list.

On-street parking is available in the area around the Community Centre, which is wheel-chair accessible.